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Zitat des Tages: Barry L. Duncan Scott D. Miller & Jacqueline A. Sparks

"According to its supporters, integrated care increases collaboration, improves care, and makes psychotherapy more central to health care — and of course, saves insurance companies and public funders a ton of money. What the proposed advantages obscure is the inevitability that, in the name of integration, psychotherapy will become ever more dominated by the assumptions and practices of the medical model; that much like an overpowered civilization in the sci-fi adventure Star Trek, we will be assimilated into the medical Borg. The mental health professional of the coming integrated care era (...) will be a specialist in treating specific disorders with highly standardized, scientifically proven interventions. At issue here are not the advantages of greater collaboration with health care professionals or of bringing a psychological or systemic perspective to bear on medical conditions. Rather, at issue is whether we will lose our autonomy as a profession by becoming immersed in the powerful culture of biomedicine, breaking the already tenuous connection to our nonmedical, relational identity. The resulting influx of potential mental health clients into the primary care setting will further promote the conceptualization of mental 'disorders' as biologically based and increase current trends toward medication solutions." (In: The Heroic Client. A Revolutionary Way to Improve Effectiveness Through Client-Directed, Outcome-Informed Therapy. Jossey-Bass, San Francisco 2004, 2. Ed., S. 5)

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